Balanced By Oils
Holistic Fellowship

LifeSpirit Congregational Church est. 1974 *SEAL*

*Rev. Wood's Compassion Salve Guide *

Ingredients:

- 7g CBD rich cannabis buds
- 250mL grain alcohol (Everclear)
- 1 Bottle YoungLiving Citrus Essential Oil (Lemon, Lime, Orange)
- Ionic Mineral Complex (YoungLiving Mineral Essence)
- 1" cube local organic beeswax
- 8oz organic coconut oil

Supplies:

- Rice cooker or Double Boiler (Use in well ventilated area!)
- Blender (Ninja/Bullet)
- Natural Fiber Coffee Filter
- Funnel
- 1 quart Mason Jar
- Artists Pastel Knife set
- 1 pint mason jar (To hold final product)

Products:

- ~1000-1500mg CBD rich marijuana extract
- 8oz Compassion Salve with CBD extract in beeswax and coconut oil, balanced with Young Living therapeutic grade essential oils.

Step 1: Place Everclear in freezer, preheat Oven to 300 degrees, set up rice cooker or double boiler in a well-ventilated space ie. Open window with continuous fan or vented exhaust





Step 2: Spread buds evenly on baking sheet and place in oven for 20minutes. Gather blender, grain alcohol and Citrus Essential Oil, set up coffee filter in funnel for straining the alcohol and extracted product

Step 3: Take buds from oven and place into blender with enough cold alcohol to cover the buds and make a slurry. Blend with 10 drops of citrus oil for 1 minute.

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Step 4: Turn on heat for double boiler or prepare rice cooker for use. Wet funnel with alcohol and pour contents of blender slurry through the coffee filter and into the mason jar. Use a small amount of alcohol to rinse the blender to get the last of the slurry into the filter. You may need two set-ups or filters depending on the size of your setup and funnel; having a backup is never a bad idea!



Step 5: Pour the filtered alcohol and extract mix into the double boiler or rice cooker. Begin ventilation and do not breathe in the fumes. Using as little heat as possible here to evaporate off the alcohol without excessively boiling the mixture. This part could take up to 2 hours depending on the amount of alcohol used. Final product should look like a green/gold clear resin that is sticky or tacky.
THIS IS AN ACTIVE EXTRACT, DO NOT CONSUME WITHOUT GUIDANCE, PRIOR EXPERIENCE OR PROPER SUPERVISION



MAKING THE SALVE: 3 Easy Steps!

1. Keep boiler on low, add in coconut oil, beeswax and any essential oils you desire. ~~Wintergreen, Cypress, Frankincense, Marjoram☺~~

2. Stir until all of the extract is mixed with the oil and the beeswax has melted, turn off heat.

3. Pour in 2-3 tbsp. cold water and whip with fork until the solution thickens, pour into the pint sized Mason jar and let cool

TO USE THE SALVE*: Massage salve generously into sore joints, scars and areas of acute sprains and injury. Past users have noted relief from tension headaches, psoriasis and acne irritation, rheumatoid arthritis, chronic hip/back/shoulder/wrist pain. *This salve may be used during a time of injury, pain or broken skin; however, it is the users responsibility to maintain observation of any injury for signs of infection or worsening of conditions and seek appropriate health council as needed.

For more Holistic living resources visit our website www.BalancedByOils.com

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